

## ROF Confirms Extensive Width of Mineralized Nickel Body at Kingsmill

**Toronto, March 5, 2012** – Ring of Fire Resources Inc., (the "Company") (TSX-V: ROF, FRANKFURT: RG5, OTC.PK: HWKPF) is pleased to announce additional results from its current drilling program have confirmed that the width in the western part of the Kingsmill Nickel Body is approximately 400m.

Investors are reminded that effective Wednesday, March 7, 2012, the Company's name and trading symbol on the TSX Venture Exchange will change to "Noble Mineral Exploration Inc. (TSX.V: NOB)

Drill holes **KML 12-03** and **KML 12-04** were designed to establish the orientation and attitude of north and south contacts respectively of the mineralized Nickel Body. Both KML 12-03 and KML 12-04 were drilled at an Azimuth 30 degrees and a dip of -45 degrees. KML 12-03 was collared in the Serpentinized Peridotite, with only 14.0m of overburden and intersected the north contact at 264.4m downhole. KML 12-04 was collared outside of the mineralized body and intersected the south contact of the Mineralized Serpentinized Peridotite at 314.0m and was terminated in mineralization at 428.2m. (See Figure 1 Preliminary Assay results of KML 12-03 and KML 12-04 are tabulated in Tables 1 & 2.)

**Table1: KML 12-03**

Ni Assay (AR-ICP)	Ni Assay (TD-ICP)	Core Length*	From (m)	To (m)
0.17% Ni	0.20% Ni	250.4m	14.0	264.4
including:				
0.23% Ni	0.27% Ni	122.4m	142.0	264.4

(\*Note: all measurements are down-hole core lengths, true width has not yet been calculated)

**Table2: KML 12-04**

Ni Assay (AR-ICP)	Ni Assay (TD-ICP)	Core Length*	From (m)	To (m)
0.22% Ni	0.25% Ni	114.2m	314.0	428.2
including:				
0.24% Ni	0.27% Ni	72.2m	356.0	428.2
Including				
0.26% Ni	0.29% Ni	11.2m	417.0	428.2

(\*Note: all measurements are down-hole core lengths, true width has not yet been calculated)

Drill Holes KML 12-03 and 04 were drilled within a large magnetic anomaly (see release of Feb 6, Feb 21, & Feb 28, 2012) confirming geology and mineralization from previously released historical drilling results.

Drilling continues to test the eastern extension of this anomaly with a suite of 5 holes being drilled on an 1,800 metre step-out on which assays results are pending.

Nickel results released are preliminary Aqua Regia-ICP (1E3-ICP) and a 4-acid Total Digestion TD-ICP (1F2-ICP) analysis done by Activation Laboratories Inc. (Actlabs). Samples are prepared at Actlabs in Timmins (ISO 9001 accredited) and shipped to Thunder Bay or Ancaster (ISO 17025 accredited) for specific analysis. The company has also requested a Code 8-AR wet chemistry assay quality analysis for Nickel on all samples greater than 0.25% Ni.

Aqua Regia (AR-ICP) analysis is designed to dissolve all non-silicate Ni minerals, while the 4-acid Total Digestion (TD-ICP) analysis is designed to dissolve both sulphide and silicate Ni minerals.

## QA/QC Protocol:

ROF has implemented a quality-control, quality assurance program to ensure best practice principals are being applied in the sampling and analysis of the drill core. NQ size drill core is delivered, logged, tagged and saw cut in a secure facility in Timmins, and half the drill core is sampled in standard intervals. The remaining half of the core is stored in a secure location. The drill core is transported in batches in sealed bags to the Actlabs prep lab in Timmins, Ontario by ROF personnel. Actlabs is an ISO/IEC 17025 certified Laboratory by the Standards Council of Canada. In addition to quality assurance controls at the laboratory, blanks, and certified standards are being inserted into the sample stream at random intervals. ROF also request a pulp split of a specific sample within the sample stream at random.

## About Project 81:

Project 81 is a 72,218 hectare patented, staked and acquired land package divided into 2 blocks. The patents include surface, mineral and timber rights, and host a significant timber resource plus a number of zones that have historical exploration identifying nickel and gold mineralization (these sample results are historical and non 43-101 compliant) from work carried out in the 1960's and 1970's some of which have been previously announced.

## About Ring of Fire Resources Inc.:

Ring of Fire Resources Inc. is a Canadian based junior exploration company holding in excess of 72,000 hectares of property in the Timmins, Iroquois Falls and Smooth Rock Falls areas of Northern Ontario, upon which it plans to develop and implement an exploration program in 2012. It also holds a portfolio of diversified exploration projects at various stages of exploration and drilling for Vanadium/Nickel/Copper/Chromium/PGM in the 'Ring of Fire' McFauld's Lake Area of Northern Ontario, Gold in the Wawa area of Northern Ontario, and Uranium in Northern Saskatchewan.

Michael Newbury, P. Eng (ON), a "qualified person" as such term is defined by National Instrument 43-101 and a Director of ROF has verified the data disclosed in this news release, and has otherwise reviewed and approved the technical information in this news release on behalf of ROF. On site core logging and sampling is being executed by Howard Lahti Phd, P.Geo (NB), under the supervision of Randy Singh P.Geo (ON), P.Eng (ON) –VP - Exploration and Project Development.

More detailed information is available on the website at [www.ringoffireresources.com](http://www.ringoffireresources.com)

## Cautionary Statement:

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release. No stock exchange, securities commission or other regulatory authority has approved or disapproved the information contained herein.

The foregoing information may contain forward-looking statements relating to the future performance of Ring of Fire Resources Inc. Forward-looking statements, specifically those concerning future performance, are subject to certain risks and uncertainties, and actual results may differ materially from the Company's plans and expectations. These plans, expectations, risks and uncertainties are detailed herein and from time to time in the filings made by the Company with the TSX Venture Exchange and securities regulators. Ring of Fire Resources Inc. does not assume any obligation to update or revise its forward-looking statements, whether as a result of new information, future events or otherwise.

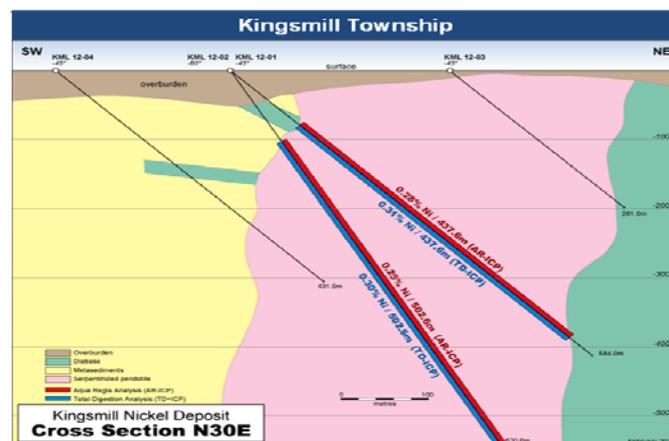


Fig.1-Preliminary Geological Interpretation

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